

THE YES DAYS ADVENTURE JAR

Cut along the lines. Fold. Drop in a jar. Pull one when the day needs a little adventure.

 Hit every park in town in one afternoon.	 Family bike ride to nowhere in particular.	 Kids pick the game, parents have to play (and lose).
 Star night: blankets in the yard, no phones, just look up.	 Hike a brand new trail nobody in the family has tried.	 Trade jobs for an hour. Kids cook, parents play.
 Drive to the prettiest sunset spot and stay till dark.	 Pack the trunk with snacks and chase a thunderstorm.	 Go fish, even if nobody catches a thing.
 Tin foil spaghetti night. Pour it on the table, eat with your hands.	 Shepherd's Dinner: candles, meats, cheese, fruit, dips, no plates, no forks.	 Backyard movie night with a sheet, a projector, and popcorn.
 Sunrise breakfast in the car at the prettiest spot you can think of.	 Build the biggest pillow fort in the house and sleep in it.	 Geocache hunt with the free app, see how many you can find.
 Wake up early to go stargazing and sit on top of your vehicle. Bring flashlights and a telescope.	 Pick a color, then find ten things outside that match it.	 Print a state map, blindfold, point, and go.
 Eat dessert first. Once. On purpose.	 Backwards day: pajamas at dinner, breakfast for supper.	 Build a backyard obstacle course and time each other.
 One yes to a question you'd normally say no to. Just one.	 Library scavenger hunt: each kid grabs a book about a place they want to go.	 Sunset sprinkler run or cold plunge, even if it's freezing.