10 DARES FOR YOUR FAMILY

Seek Adventure at Home

Little adventures. Memories together.



From Our Living Room to Yours

We are Jake and Brittany, and our two kids are Aniston and Noah. Five years ago I (Brittany) went part time in my career, we started homeschooling, and I recently left the field completely. Somewhere along the way we had to get honest about what we were actually chasing. It was never the stuff in our closets or the clean floors. It was being together.

Every dare in here is something we have actually done, and doing them together has built such a fun foundation in our family. We hope it can do the same for yours. We know we share big trips and crazy adventures, but we did not start that way. We started with a very tight budget, and this is how we had fun back then, and honestly how we still have fun to this day.

Your kids are not going to remember how many toys they had or if the kitchen sink was full. They will remember how you made them feel, the times you were willing to look silly, and the memories you made when you were fully present.

Think back to your own childhood. You probably do not remember the expensive gifts. You remember the night someone turned off the lights and danced, the rainy day you were allowed to get completely filthy, or the little routine you looked forward to every week. That is all this is. Ten simple, cheap things our family loves doing when we need to laugh and reconnect.

Pick one this week. Let it get messy. Check the box, write down the date and the funniest thing that happened, and stick it on your fridge.

With love,
Jake, Brittany, Aniston, and Noah

ADVENTURE 01

The Rainy Day Soapy Hill Slide

Hands down one of our favorite family memories ever. Wait for a warm rainy day, find a grassy hill, and get ready to be soaked.

BRING ALONG

Hazmat suits or heavy garbage bags with head and arm holes

A bottle of Dawn dish soap, squirted all over the suits and the hill

Sleds, plus a few tools to clear sticks and rocks first

MAKE IT HAPPEN

Do a test run with a parent first. Then let the kids go wild. Hose everyone off in the grass before they track Dawn soap through your living room.

☐ We did it! Date _____

A memory to keep _____

ADVENTURE 02

The $5 Glow Stick Dance Party

Our kids begged to do this again the very next night. Five dollars, one living room, zero planning.

BRING ALONG

Glow sticks and a roll of tape

Your loudest family playlist

MAKE IT HAPPEN

Tape glow sticks to everyone's clothes, turn off every light in the house, and dance until somebody falls over laughing.

☐ We did it! Date _____

A memory to keep _____

ADVENTURE 03

Fancy Tea Time And Library Read Aloud

Get out the fancy plates you never use, the wedding ones or the ones passed down from family. They deserve a day out.

BRING ALONG

Caffeine free tea (this is our favorite)

Library books the kids pick out themselves

Little treats they do not always get, like crackers and cookies

MAKE IT HAPPEN

Sit outside, pour the tea, and read aloud while the kids sip and snack. Ours are 10 and 7 and still ask for this.

☐ We did it! Date _____

A memory to keep _____

ADVENTURE 04

The Beeswax Leaf GarlAnd

Our kids make these every single fall and they hang in our home all season.

BRING ALONG

Beeswax melted in an old pot or double boiler

Parchment paper, a needle, and string

Twine for wrapping and decorating

MAKE IT HAPPEN

Go on a walk and pick the prettiest leaves. Dip each one in the melted wax and lay it on parchment paper to dry. Thread the leaves with a needle and string, then wrap twine around it or decorate however you like.

☐ We did it! Date _____

A memory to keep _____

ADVENTURE 05

The Family Thrift Store Date

We used to do this as a couple and now the whole family plays.

BRING ALONG

A set budget per person, around $5 to $10 each

Your nearest thrift store

MAKE IT HAPPEN

Pair up and pick out a full outfit for each other. No vetoes allowed. Change in the car, then wear your new looks out to dinner or somewhere fun.

☐ We did it! Date _____

A memory to keep _____

ADVENTURE 06

Tin Foil Spaghetti Night

Messy, ridiculous, and the easiest cleanup of the year.

BRING ALONG

Heavy duty tin foil

A big pot of spaghetti and sauce

MAKE IT HAPPEN

Cover the whole table in foil, pour the spaghetti right in the middle, and eat with your hands. When you are done, roll the foil up and toss it.

☐ We did it! Date _____

A memory to keep _____

ADVENTURE 07

Backyard Campout And Stargazing

You do not need a campground to make it feel like a trip.

BRING ALONG

A backyard tent

A waterproof blanket

A beginner telescope and flashlights

MAKE IT HAPPEN

Set up camp after dinner, find the moon and a few planets, and let the kids stay up way past bedtime talking.

☐ We did it! Date _____

A memory to keep _____

ADVENTURE 08

S'mores And A Lantern Walk

Some of our best conversations happen in the dark on a slow walk.

BRING ALONG

Roasting sticks

S'mores supplies and a fire pit

Flashlights or lanterns

MAKE IT HAPPEN

Roast s'mores, then take a slow family walk around the neighborhood with lanterns. Ask everyone their favorite part of the week.

☐ We did it! Date _____

A memory to keep _____

ADVENTURE 09

The Kids Run Restaurant

The kids are the chefs, servers, and decorators. Parents are the guests.

BRING ALONG

Paper and markers for menus

Simple ingredients the kids can handle

MAKE IT HAPPEN

Let them name the restaurant, design the menu, decorate the table, take your order, and cook. Tip generously in hugs.

☐ We did it! Date _____

A memory to keep _____

ADVENTURE 10

Pick A Weekly Family Tradition

The small things you repeat are the things they will remember.

BRING ALONG

Ours: weekly game night, a nightly family walk, a weekly dance party, and weekly movie night

MAKE IT HAPPEN

Pick one to start. Put it on the calendar and protect it like an appointment. Add another when it sticks.

☐ We did it! Date _____

A memory to keep _____

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